

A NOTE ON SPIRITUALITY IN LEADERSHIP

During the course I'll invite you into practices that include meditations, visualizations and various tools and techniques to get in touch with your "wiser self". The wiser self is that part of your individual self, that is connected to the whole of the Universe.

Regardless of your beliefs, upbringing or religious orientation, I invite you to consider that everything is inherently connected and that as individuals we influence the greater whole.

We are the unique grains of sand that make up the beach of life. We are the individual water droplets that make up the sea.

Leadership is about finding our unique individual purpose that harmonizes the rich symphony of the Universe. Each one of our lives matter, each one of us has a place in this world, for however long we have.

As leaders we have many gifts and talents and thus pave the way for others to follow. Our grit, ambition, dedication and passion has the potential to move mountains.

The importance of spirituality in leadership is realizing that it is not only your life that you're impacting, but the many interconnected webs and ripples that follow.